



# OKINAWA BUDO NEWS

## INSIDE THIS ISSUE:

<i>Happy 2008</i>	1
<i>Dojo News</i>	1
<i>Old Lion Warrior</i>	2
<i>Advanced Technique</i>	2
<i>Shobudo</i>	3
<i>Okinawa Kenjutsu</i>	4
<i>Master of Tomari Te</i>	4

### Special points of interest:

- Don Bohan & Rick Niemira  
Isshinryu Memorial Tournament  
June 27 & 28 2008  
Fredericksburg, Virginia  
<http://www.bohans-family.com/>
- From Okinawa  
Tokumura Kensho Sensei  
June/July 2008



As we go into our 7th year at the dojo, I want to thank all the Black Belts, students, parents and martial arts friends for their support. Be assured that in 2008 we will continue to give the best Okinawa martial arts available. Being affiliated directly with Okinawa is an opportunity that few martial artists have. While many Isshinryu dojos in the USA now claim to do "American Isshinryu", we continue to keep our close ties with the "Island of Karate". In 2008, Okinawan Master, Tokumura Kensho

Sensei will again visit our dojo to teach the kid's classes and conduct a Kobudo seminar. Carol & I will travel the USA with him teaching seminars, capping off his visit with a huge Isshinryu event in Fredericksburg, Virginia.

Again, we would like to thank everyone involved with the Okinawa Budo Kai. Without you, we would not exist.

Have a Happy & Safe 2008 and don't forget.....

**Train  
Hard  
in 2008 !**



*Jeff Perkins  
&  
Carol Womack*

## DOJO NEWS - PROMOTIONS

OBK's Chuck Mulka was promoted to NiDan (second degree black belt) on December 15, 2007. The OBK NiDan test consists of all (7) Isshinryu Kata with bunkai and Sanchin Kata. Kobudo - Tokumine No Kon with bunkai, Kyan No Sai with

tekitai, Urashi No Kon and HamaHiga No Tuifa. The candidate then has to perform all of Shimabuku Tatsuo's Kumite on a partner with enthusiasm.

Chuck did an outstanding job in his testing. Congratulations !



## AN OLD LION WARRIOR & DEFINITION OF "SENSEI"

His name is Sensei Tom Perry. Tom began his Karate career with Shorinryu in 1969 while in the Army. In 1972 he began his study of Isshinryu in Michigan. Tom currently holds a 6th Dan in Isshinryu and runs the "Bushi Dojo" in Warren, Michigan at the local Community Center and the "Lions of the Lambs Dojo" out of his church also in Warren.

Every year since 1995 he has organized the "Michael Volante Memorial Karate Tournament" for kids. Michael Volante is an eight year old boy who walked into Tom's dojo one day and wanted to study Karate. Michael had AIDS. Tom asked him why he wanted to learn Karate and Michael stated, "I want to be like the other kids." Tom tells me, "On that day I knew that an

eight year old boy had become my teacher - I miss him." Michael died of AIDS shortly thereafter. Sensei Perry donates the proceeds from his tournament to local children's causes.

In 2000, Sensei Perry injured his legs and back in a job related accident that still causes him pain. He says that he was somewhat depressed from the injury but, "I think back on an eight year old boy that in one sentence, enlightened an Old Lion to the true meaning of Karate." Tom says, "God still has plans for me." He is currently working to teach handicapped people and troubled youth Isshinryu Karate. One of Sensei Perry's recent proud moments was when his brown belt student, who has downs syndrome, won

the Kata Division at his first tournament that was held at the Palace Arena.

Sensei Perry says that any recent accomplishments, awards or recognition he has received are based on three things (1) Jesus Christ (2) Good instructors & (3) Most importantly, good students.

Sensei Tom Perry is a true "Old Lion Warrior" and the definition of "Karate Sensei".

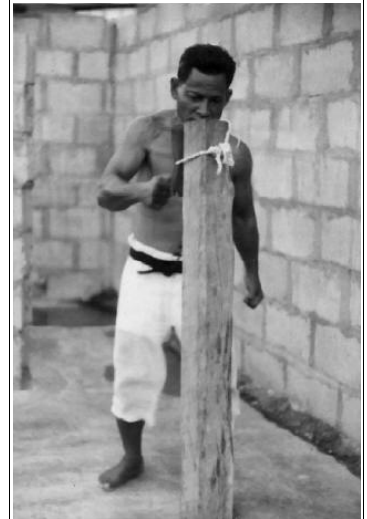


## THE SEARCH FOR "ADVANCED TECHNIQUE"

Recently, the OBK posted a video on YouTube of Seisan Kata bunkai. This bunkai is the hard banging application to the kata that is taught by Sensei Advincula and was taught to him by Shimabuku Tatsuo. This type of bunkai has many benefits to your karate. One comment made about the video was that the

bunkai was "not advanced enough". So, the question is "What is advanced karate?" Many Americans continue to look for the "Holy Grail" of karate technique. Some practitioners study nerve points of the body and "Chinese meridians" when few if any can be struck in a fluid fight. Others, grappling

applications to karate technique. Some even say there are no blocks in karate and no punches! The fact of the matter is that "advanced technique" is only very honed basics. Advanced technique is how many hours you spend on the dojo floor refining your basics and kata with endless repetitions.

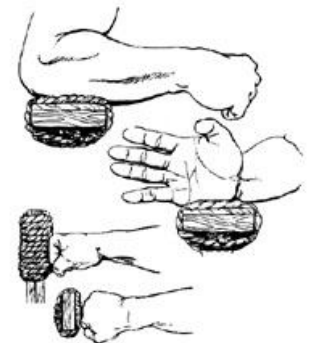


## THE SEARCH FOR "ADVANCED TECHNIQUE" (CONTINUED)

The refinement of karate basics does not come with short term practice. It comes from many years of training and personal dedication. What's "advanced technique" in boxing? It's the fighter who has spent more time and effort perfecting his basic hook punch so it is stronger than his opponents. It's the fighter who has spent many training hours honing his

basic jab to lightening speeds above the other fighters. Again, it's about perfecting and sharpening those basics repetition after repetition. While knowledge of meridians, nerve points or joint locking, can be somewhat beneficial, Okinawa karate is centered around hard concussion blocking, striking & punching. Okinawa karate weapons are hardened with kotekitai and

makiwara training to develop "atemi" (concentrated striking power). When an Okinawa karateka's body comes in contact with an adversary, the enemy should feel the immediate pain of hardened technique. Don't ever stray too far from your "block em & clock em" karate...your life may depend on it some day.



## Shobudo - The Jujitsu of Okinawa

“Shobudo” translates to “Beginning Warrior Way” and is a little known jujitsu art from Okinawa. It’s history is vague and cloaked in secrecy by it’s founder Nakasato Shoshu Sensei.

Nakasato Sensei was born on the island of Kyushu in Fukuoka, Japan. At a young age he was schooled in his father’s martial art known as *Hachiho Shoburyu Bujutsu*, an eclectic style created from the martial arts around Fukuoka and Kagoshima, Japan.

After WW II, Nakasato Sensei continued his martial study with Kempo, Aiki and other healing arts. In the early 1950’s Nakasato formed his own art from eight others calling it *Shobudo Bujitsu Jujitsu*. Shobudo has elements of Karate, Judo and Aikido.

In the late 1950’s and early 1960’s, Nakasato Sensei was living on Okinawa and began to teach his art to a few select U.S. Marines. These Marines later

began teaching on the U.S. mainland where today *Shobudo Jujitsu* schools can be found in Michigan, Ohio and Colorado. Shobudo Jujitsu practioners study the “applications of pain” through many methods and also several weapons.



## Heaven & Earth Gaze

“The enemy’s eyes are regarded as Heaven, and his hands and feet are regarded as Earth. In order to see both, you must look at his throat. This is known as the *Heaven and Earth Gaze* (Tenchi Metsuke).



This must be studied deeply and applied.”

*Uematsu Yoshiyuki*  
Chief Instructor  
Mushinkan Dojo  
Japan  
(compliments of Joe Swift)



## 2008 - Chinese Year of the Rat

The "Rat" is the first sign of the chinese zodiac.

Legend has it that the Jade Emperor invited the animals for a party. The first 12 to arrive were the Rat, followed by the Ox, Tiger, Rabbit, Dragon, Snake, Horse, Sheep, Monkey, Rooster, Dog, and lastly, the Pig. All the animals were named after the 12-year cycle that governs Chinese life thereafter.

Various versions of the Rat’s story are particularly revealing about his character. One version has it that, towards the end of the journey, the animals had to cross a celestial river, and the Rat asked the Ox to ferry him across. When they arrived on the other side, the Rat jumped down off the Ox’s head and that’s how gained first spot in the order of the Chinese zodiac.

Those born in the Year of the Rat are clever, ambitious, creative, hard-working, fastidious, charming and sociable, but can be a bit stingy when it comes to sharing their wealth or possessions.  
(www.squidoo.com/2008YearoftheRat)



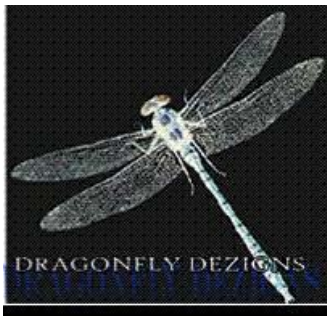
School of Karate & Kobudo

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[www.okinawabudokai.org](http://www.okinawabudokai.org)

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## Swordmanship of Okinawa Jigenryu Kenjutsu of the Satsuma Clan



Jigen Ryu style was founded by Togo Tobei and was the sword style of the Satsuma Clan. It is one of the most aggressive yet practical methods of Japanese sword. Jigen Ryu's philosophy is "offense is the best defense". The style was very much feared in the era of the Tokugawa Shogunate. Jigen Ryu is famous in Japan as one of the most powerful and devastating styles of kenjutsu. It uses some exceptionally large

swords, and practitioners regularly train with bokuto that are the size of logs.

The great Okinawan Bushi, Matsumura Sokon, was the first to introduce the principles of the Satsuma's Jigenryu into RyuKyu Kobujutsu He is also credited with creating the foundation for the bojutsu of Tsuken which may have evolved from his study of Jigenryu.

## Tomari Te Master - Nakasone Seiyu 1892 - 1984

Born in Tomari Village, Nakasone Seiyu Sensei studied under many master's of Okinawa Tomari Te such as Nashiro Seiko (1849-1934), Maeda Ginin (1840-1921), Nakazato, Iha Koutatsu (1973-1928) and Toguchi. He learned the Matsumora-ha kata Naihanchi 1-3, Passai, Wanshu, Chinto, Kusanku, Rohai and Rinkan. His study of Tomari Te continued from 1910 until he was 30 years old. At age 34 Nakasone trained under Higa Seiko and Miyagi Chojun where he learned the Gojuryu kata Sanchin & Tensho. In about 1917

he trained under Chinen Sanda and later under Chinen Masami from who he learned the



Yamanniryu Bojutsu kata Suji No Kon. Nakasone Sensei's Karate maxims included, "Karate is like wind on a willow." His personal philosophy was that the ultimate aim of

Karate is harmony, stating in a poem, "*If one keeps honesty and courtesy important, then their way of living will be proper. Sincerity is the key to living a better life in this world.*"

(100 Masters of Okinawan Karate by Hokama Tetsuhiro)

