



## SEMINAR TOPICS

### ISSHINRYU KARATE & KOBUDO

- Isshinryu Kata & Bunkai
- Isshinryu Body Dynamics
- Sanchin Kata & Shime
- Isshinryu Kihon Drills (Drills for the Basics)
- Isshinryu Kobudo (Weapons of Bo, Sai & Tuifa)
- Basics & Kobudo Drills for Bo, Sai & Tuifa
- Shimabuku Tatsuo's Kumite (Self Defense)
- Isshinryu History & Traditions

### TOKUSHINRYU KOBUDO

- Tokumine No Kon & Bunkai
- Tokushin No Nunti Bo & Bunkai
- Tokushin No Eku & Bunkai
- Tokushin No Sansetsu Kon & Bunkai
- Chatan Yara No Sai & Bunkai
- Tokushin No Nunti Sai & Bunkai
- Hama Higa No Tuifa & Bunkai
- Moha Gama & Bunkai
- Tokushin No Tekko & Bunkai
- Tokushin No Tichi & Bunkai
- Tokushin No Tinbe & Bunkai
- Gojuryu Sanchin

### RYUKONKAI KOBUDO

- Bo Kihon
- KumiBo
- KumiSai
- KumiTuifa
- Sansetsu Kon Jutsu
- Fukyu Bo & Bunkai
- Choun No Kon & Bunkai
- Shushi No Kon
- Chiken No Kon
- Chiken No Nunti Bo
- Sakugawa No Kon
- Chiken No Eku
- Nicho Sai & Tekitai
- Ishikawagwa No Sai
- KeBo (Police baton) & Bunkai
- RyuKonKai Tuifa
- Toma No Tuifa & Bunkai
- Fukyu Nunchaku
- Nunchaku Jutsu
- Nicho Nunchaku
- Katancha No Tekko & Bunkai
- Ishikawagwa No Gama