



Sensei Carol Womack
Chief Instructor
7th Dan Okinawa Isshinryu Karate
5th Dan RyuKyu Kobudo
2nd Dan A.C.E. Eskrima

Carol began training in Isshinryu Karate in Longview, Texas in 1982. She received her ShoDan in 1987 and began training under Sensei A.J. Advincula in 1988. Carol owned and operated a dojo in Texas for 10 years. In 1998 she moved to Michigan and helped start the *Okinawa Budo Kai*. Carol has a Graduate Degree in Art.

- 1982 - Begin training in Isshinryu Karate & Kick Boxing under Dicky Jordan.**
- 1984 - Continue study of Isshinryu Karate under Ken Graham.**
- 1987 - Promoted to Sho Dan (1st Degree Black Belt) in Isshinryu Karate.**
- 1988 - Begin further study of Isshinryu Karate, Kobudo & Eskrima under Sensei A.J. Advincula.**
- 1988 - Promoted to Ni Dan in Isshinryu Karate by Sensei A.J. Advincula.**
- 1990 - Promoted to San Dan in Isshinryu Karate by Sensei A.J. Advincula.**
- 1993 - Promoted to Yon Dan in Isshinryu Karate by Sensei A.J. Advincula.**
- 1995 - 1st trip to Okinawa. Begin training under Tokumura Kensho Sensei (RyuKyu Kobudo, Isshinryu & Gojuryu) & Iha Kotaro Sensei (RyuKyu Kobudo).**
- 1996 - 2nd trip to Okinawa. Further study of Okinawa Karate Kobudo. Promoted to Go Dan in Isshinryu Karate and Sho Dan in A.C.E. Eskrima by Sensei A.J. Advincula.**
- 1998 - Promoted to Ni Dan (2nd Degree Black Belt) in RyuKyu Kobudo RyuKonKai by Iha Kotaro Sensei.**
- 1997 - 3rd trip to Okinawa. Compete with Bo in the Okinawa Karate Kobudo World Championships.**

- 1999 - 4th trip to Okinawa. Further study of Okinawa Karate Kobudo.
- 2000 - Promoted to Roku Dan in Isshinryu Karate by Sensei A.J. Advincula.
- 2001 - 1st place in Bo competition at the Okinawa Rengokai World Karate & Kobudo Championships held in Atlanta, GA.
- 2002 - 5th trip to Okinawa. Further study of Okinawa Karate Kobudo.
- 2002 - Promoted to San Dan (3rd Degree Black Belt) in RyuKyu Kobudo RyuKonKai by Iha Kotaro Sensei and Sensei A.J. Advincula.
- 2003 - 6th trip to Okinawa. Further study of Okinawa Karate Kobudo. Promoted to Ni Dan in A.C.E. Eskrima by Sensei A.J. Advincula.
- 2004 - 7th trip to Okinawa. Further study of Okinawa Karate Kobudo.
- 2004 - Promoted to Yon Dan (4th Degree Black Belt) in RyuKyu Kobudo RyuKonKai by Iha Kotaro Sensei.
- 2006 - 8th trip to Okinawa. Further study of Okinawa Karate Kobudo.
- 2006 - Female Instructor of the Year, Isshinryu Hall of Fame.
- 2006 - Promoted to Nana Dan, 7th Degree Black Belt in Isshinryu Karate by Sensei A.J. Advincula.
- 2007 - 9th trip to Okinawa. Promoted to GoDan (5th Degree Black Belt) in RyuKyu Kobudo RyuKonKai by Iha Kotaro Sensei.
- 2009 – 10th trip to Okinawa. Further study of Okinawa Karate & Kobudo.
- 2009 – Receive Appreciation Certificate for dedication to Okinawa Martial Arts & Culture from Nakazato Joen Sensei, 10th Dan, Okinawa.
- 2009 - Appointed Chief Director of the *Isshinryu TomoNoKai*.