



**Sensei Carol Womack  
Chief Instructor**

**7th Dan Okinawa Isshinryu Karate  
5th Dan RyuKyu Kobudo  
2nd Dan A.C.E. Eskrima**

**Carol began training in Isshinryu Karate in Longview, Texas in 1982. She received her ShoDan in 1987 and began training under Sensei A.J. Advincula in 1988. Carol owned and operated a dojo in Texas for 10 years. In 1998 she moved to Michigan and helped start the *Okinawa Budo Kai*. Carol has a Graduate Degree in Art.**

- 1982 - Begin training in Isshinryu Karate & Kick Boxing under Dicky Jordan.**
- 1984 - Continue study of Isshinryu Karate under Ken Graham.**
- 1987 - Promoted to Sho Dan (1st Degree Black Belt) in Isshinryu Karate.**
- 1988 - Begin further study of Isshinryu Karate, Kobudo & Eskrima under Sensei A.J. Advincula.**
- 1988 - Promoted to Ni Dan in Isshinryu Karate by Sensei A.J. Advincula.**
- 1990 - Promoted to San Dan in Isshinryu Karate by Sensei A.J. Advincula.**
- 1993 - Promoted to Yon Dan in Isshinryu Karate by Sensei A.J. Advincula.**
- 1995 - 1st trip to Okinawa. Begin training under Tokumura Kensho Sensei (RyuKyu Kobudo, Isshinryu & Gojuryu) & Iha Kotaro Sensei (RyuKyu Kobudo).**
- 1996 - 2nd trip to Okinawa. Further study of Okinawa Karate Kobudo. Promoted to Go Dan in Isshinryu Karate and Sho Dan in A.C.E. Eskrima by Sensei A.J. Advincula.**
- 1998 - Promoted to Ni Dan (2nd Degree Black Belt) in RyuKyu Kobudo RyuKonKai by Iha Kotaro Sensei.**
- 1997 - 3rd trip to Okinawa. Compete with Bo in the Okinawa Karate Kobudo World Championships.**
- 1999 - 4th trip to Okinawa. Further study of Okinawa Karate Kobudo.**
- 2000 - Promoted to Roku Dan in Isshinryu Karate by Sensei A.J. Advincula.**
- 2001 - 1st place in Bo competition at the Okinawa Rengokai World Karate & Kobudo Championships held in Atlanta, GA.**

- 2002 - 5th trip to Okinawa. Further study of Okinawa Karate Kobudo.
- 2002 - Promoted to San Dan (3rd Degree Black Belt) in RyuKyu Kobudo RyuKonKai by Iha Kotaro Sensei and Sensei A.J. Advincula.
- 2003 - 6th trip to Okinawa. Further study of Okinawa Karate Kobudo. Promoted to Ni Dan in A.C.E. Eskrima by Sensei A.J. Advincula.
- 2004 - 7th trip to Okinawa. Further study of Okinawa Karate Kobudo.
- 2004 - Promoted to Yon Dan (4th Degree Black Belt) in RyuKyu Kobudo RyuKonKai by Iha Kotaro Sensei.
- 2006 - 8th trip to Okinawa. Further study of Okinawa Karate Kobudo.
- 2006 - Female Instructor of the Year, Isshinryu Hall of Fame.
- 2006 - Promoted to Nana Dan, 7th Degree Black Belt in Isshinryu Karate by Sensei A.J. Advincula.
- 2007 - 9th trip to Okinawa. Promoted to GoDan (5th Degree Black Belt) in RyuKyu Kobudo RyuKonKai by Iha Kotaro Sensei.
- 2009 – 10th trip to Okinawa. Further study of Okinawa Karate & Kobudo.
- 2009 – Receive Appreciation Certificate for dedication to Okinawa Martial Arts & Culture from Nakazato Joen Sensei, 10th Dan, Okinawa.
- 2009 - Appointed Secretary of the *Isshinryu TomoNoKai*.